4.1.2 The institution has adequate facilities for cultural activities, yoga, sports and games (indoor and outdoor) including gymnasium, yoga centre, auditorium etc.)

Describe the adequacy of institutional facilities for cultural activities, yoga, and sports and games (indoor and outdoor) which include specification about area/size, year of establishment and user rate (within a maximum of 200 words).

File Description

- Geotagged pictures
- Upload any additional information
- Paste link for additional information

"A Sound Body Keeps, A Sound Mind"

KLNCE's ultimate aim is to bring the harmonious development to the students. For this,the college has a very good Football field, Cricket circle, Ball badminton court (2 Nos.), Volleyballcourt (3 Nos.), Indoor Badminton Court (4 Nos.), Concrete Basketball Court (1 No), Tennis court (1 No), Hand Ball court.

A 400 mt. Standard Track, Long jump pit and High jump pit are available. A separate recreation room is available for carrom, chess and table tennis towards indoor games.

Outdoor / Indoor

The college has an Indoor stadium of 2,221 sq. meter for Indoor games like shuttle cock, Table Tennis, Chess, Carom and 10 Station Gym for Boys & 6 Station Gym for Girls. Ten acres of land has been cleaned off and leveled for play grounds and athletic events

This encouraging performance in sports and games by our students is due to the interest shown by the management in providing the required facilities.

Yoga

As a part of character building with education, two departments is conducting yoga and meditation practice classes to the interested students under the guidance of an expert in Transcendental Meditation and Yoga.

Cultural

The Cultural and Literary Association (CLA) is formed for encouraging the Staff and Students in order to develop and extend their Extra Curricular Skills for creating a platform to expose their talents.

The college have separate music club called "K.L.N. Melody Fine Arts Club" by which staff and students can develop their vocal skill and to play musical instruments.

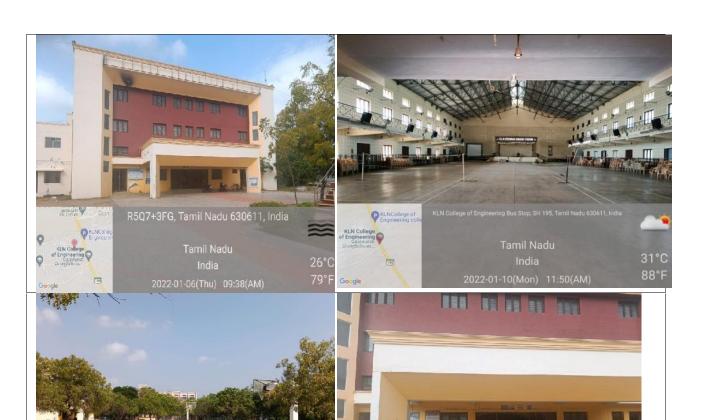
Table 4.1.2 Details of Play Fields (in Sq. Meter)

S.No	Sports Ground and facilities	
1.	Ball Badminton	1 Court
2.	Cricket	1 Ground
3.	Basket Ball	1 Court
4.	Foot Ball	1 Ground
5.	Hockey	1 Ground
6.	Tennis	1 Court
7.	Kabaddi	2 Court
8.	Volley Ball	3 Grounds
9.	Hand Ball	1 Ground
Track and Field		
1.	Track Events	1 Standard 400 mts Track
2.	Field Events	Jumps- Long Jump pit, Triple Jump Pit, High
		Jump
Indoor Facilities		
1.	Badminton	4 Courts
2.	Table Tennis	3 Boards
3.	Chess	15 Boards
4.	Carom Board	4 Boards
5.	Boxing	1 No
6.	Judo	1 No
7.	Taekwondo	1 No
Gym Facilities		
1.	Indoor Stadium for Men	Gym hall with 10 Stations
2.	Indoor Stadium for Women	Gym Hall with 6 Stations





Co – Curricular Activities







Extra Curricular Activities

Yoga for First Years



Cultural Events – CLAFIESTA2K23







Creative Practices in Universal Human Value Induction Programme

























